



Inner Beauty Healing

Calendar

2025

the year of

The Big Shift

Inner Beauty Healing

Energy Description: January 2025 is the energy of the Wheel of Fortune New Beginnings. You are being given the transformational energy to break through the struggles that limit you, and the guidance to realize that everything is happening for you and not against you. It is asking you to seek Your Truth and do what truly inspires you by using the gift of your sensitivity.

Contemplation: For the first 6 days of the month reflect on what you do and how it makes you feel. If you feel low and limited ask yourself, "How is this helping me?" Seek the Truth and you may be surprised to find there is hidden Joy. For the rest of the month be sensitive to what brings you joy and take the initiative to move towards what inspires you.

The Big shift

January 2025

The Wheel of Fortune New Beginnings

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			#38 STRUGGLE PERSISTENCE HONOR 1	#38 2	#38 3	#38 4
#54 GREED ASPIRATION ASCENSION 5	#54 6	#54 7	#54 8	#54 9	#54 & #61 PSYCHOSIS INSPIRATION SANCTITY 10	#61 11
#61 12	#61 13	#61 14	#61 15	#61 & #60 LIMITATION REALISM JUSTICE 16	#60 17	#60 18
#60 AQUARIUS BEGINS 19	#60 20	#60 & #41 FANTASY ANTICIPATION EMANATION 21	#41 22	#41 23	#41 24	#41 25
#41 26	#19 CO-DEPENDENCE SENSITIVITY SACRIFICE 27	#19 28	#19 29	#19 30	#19 31	#19

 REFLECTION PERIOD
  ABUNDANCE PERIOD
  BEST MONEY DAY
  FULL MOON
  NEW MOON

Inner Beauty Healing

The Big shift 2025 February

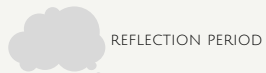
Portal of Communications

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

							VENUS CONJUNCT NEPTUNE #19 CO-DEPENDENCE ¹ SENSITIVITY SACRIFICE & ★ #13 DISCORD, DISCERNMENT EMPATHY
#13 2	#13 3	#13 4	#13 5	#13 6	#13 & #49 REACTION REVOLUTION REBIRTH 7	#49 8	
#49 9	#49 10	#49 11	#49 & #30 DESIRE LIGHTNESS RAPTURE 🌕 ☁️ 12	#30 13	#30 14	#30 15	
#30 16	#30 17	PISCES BEGINS ♓ #30 & #55 VICTIMIZATION FREEDOM 18	#55 19	#55 20	#55 21	#55 22	
#55 & #37 WEAKNESS EQUALITY TENDERNESS 23	#37 24	#37 25	#37 26	#37 27 🌑 ★	#37 28 ★ ★		

Energy Description: February's energy is about mastering communication in your relationships, primarily the relationships with yourself (mind, body, emotions, actions, dreams). It is opening the door to teach yourself Compassion, Forgiveness, Understanding, and Tenderness through your experiences.

Contemplation: Allow yourself to purge and let things go that no longer serve you. Be honest but gentle with yourself. This is a time to plant new seeds that grow from the fertile soil of Forgiveness, Understanding, and Tenderness.



REFLECTION PERIOD



ABUNDANCE PERIOD



BEST MONEY DAY



FULL MOON



NEW MOON



Inner Beauty Healing

Energy Description: March's energy is about resetting your creativity with your higher mind's authority using the energies of peace and valor. It is sending you the energy to march forward and create for humanity what you love and the life you love to dream.

Contemplation: This contemplation helps align your energy with the Venus and Mercury retrogrades. Reflect on what you value and what lightens your heart. Allow yourself to feel the pleasure. If you feel the heavy energy of opinion enter your thoughts, bring awareness and acceptance that you are having them, and then with intention let them go.

The Big shift March 2025

Reset Your Creativity

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						VENUS RETROGRADE #37 WEAKNESS EQUALITY TENDERNESS & #63 DOUBT INQUIRY TRUTH
#63 2 ☁️	#63 3 ☁️	#63 4 ☁️	#63 5 ☁️	#63 6 ☁️	#22 DISHONOR GRACIOUSNESS GRACE 7 ☁️	#22 8 ☁️
#22 9 ☁️	#22 10 ☁️	#22 11 ☁️	#22 & #36 TURBULENCE HUMANITY COMPASSION 12 ☁️	#36 13 ☁️	#36 MERCURY RETROGRADE 14 ☁️	#36 15 ☁️
#36 16 ☁️	#36 17 ☁️	#36 & #25 CONSTRUCTION ACCEPTANCE UNIVERSAL LOVE 18 ☁️	#25 19 ☁️	#25 SPRING EQUINOX ARIES BEGINS 20 ♈️	#25 21 ☁️	#25 22 ☁️
#25 23 ☁️	#17 OPINION, FAR-SIGHTEDNESS OMNISCIENCE 24 ☁️	#17 25 ☁️	#17 26 ☁️	#17 27 ☁️	#17 28 ☁️	#17 & #21 CONTROL AUTHORITY VALOUR 29 ☁️
#21 NEPTUNE ENTERS ARIES 30 ☁️	#21 31 ☁️					

REFLECTION PERIOD
 ABUNDANCE PERIOD
 BEST MONEY DAY
 LUNAR ECLIPSE FULL MOON
 SOLAR ECLIPSE NEW MOON

The Big shift 2025 April

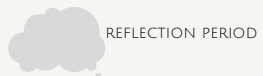
Silence Guidance

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

		#21 CONTROL AUTHORITY VALOUR 1	#21 2	#21 3	SATURN SEXTILE URANUS #21 & #51 AGITATION INITIATIVE AWAKENING 4	#51 5
#51 6	#51 7 MERCURY STATIONS DIRECT	#51 8	#51 9	#51 & #42 EXPECTATION DETACHMENT CELEBRATION 10	#42 11	VENUS STATIONS DIRECT #42 12
#42 13	#42 14	#42 & #3 CHAOS INNOVATION INNOCENCE 15	#3 16	#3 17	#3 18	#3 TAURUS BEGINS 19
#3 20	#3 & #27 SELFISHNESS SELFLESSNESS ALTRUISM 21	#27 22	#27 23	#27 24	#27 25	#27 26
#27 & #24 ADDICTION INVENTION SILENCE 27	#24 28	#24 29	#24 30			

Energy Description: April is the month to bring into matter what matters and what really only matters to you, is YOU! This is about the Silence Guidance that only you can give to yourself. This access point -- going from your head into your heart- yields the light that nurtures from compassion, respect, humility and leadership.

Contemplation: Investigate thoughts that initiate feelings of inner turbulence. Specifically, ones rooted in failure or being not enough. Then ask for the gift of Detachment; then take a breath, go from your head into your heart, and allow yourself to receive your Silence Guidance.



REFLECTION PERIOD



ABUNDANCE PERIOD



BEST MONEY DAY



FULL MOON



NEW MOON



Inner Beauty Healing

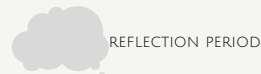
Energy Description: May's energy is about transforming deep emotions. It is shifting the energy out of the constriction of the heart and asking it to move to love, to Universal Love. Growth is from transmuting the deafness, made by the mental mind, into yielding insights that are felt and given to the heart.

Contemplation:

This contemplation is to help you transmute the deafness. Whenever you feel angry, frustrated, disempowered or indifferent, take 3 deep breaths. Then ask for the gift of Insight; give yourself time to receive it; and then allow yourself to receive the energy of your love for yourself. .

The Big shift May 2025 Growing Self

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				#24 ADDICTION INVENTION SILENCE 1	#24 2	#24 #2 DISLOCATION, ORIENTATION UNITY 3
#2 4	#2 5	#2 6	#2 7	#2 & #23 COMPLEXITY SIMPLICITY QUINTESSENCE 8	#23 9	#23 10
#23 11	#23  12	#23 13	#23 & #8 MEDIOCRITY STYLE EXQUISITENESS 14	#8 15	#8 16	#8 17
#8 18	#8 19	#8 & GEMINI BEGINS  20 #20 SUPERFICIALITY SELF ASSURANCE PRESENCE	#20 21	#20 22	#20 23	#20 SATURN ENTERS ARIES 24
#20 25 SATURN NEARLY CONJUNCT NEPTUNE 	#20 &  26 #16 INDIFFERENCE VERSALITY MASTERY 	#16 27 	#16 28 	#16 29 	#16 30 	#16 31 



REFLECTION PERIOD



ABUNDANCE PERIOD



BEST MONEY DAY



FULL MOON



NEW MOON

The Big shift

2025 June

Guidance System

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
#16 INDIFFERENCE VERSALITY MASTERY #35 ★ HUNGER ADVENTURE BOUNDLESSNESS	#35 2 ★	#35 3 ★	#35 4 ★	#35 5 ★	#35 6 ★	#35 & #45 DOMINANCE SYNERGY COMMUNION ★
#45 8 ★	#45 JUPITER ENTER CANCER 9 ★★★★	#45 10 ★★★	#45 11 ★★★★★	#45 12 ★★★	#45 & #12 VANITY DISCRIMINATION PURITY ★★★	#12 14 ★★★
#12 15 ★★★	#12 16 ★★★	#12 17 ★★★	#12 18 ★★★ JUPITER SQUARE NEPTUNE	#12 & #15 DULLNESS MAGNETISM FLORESCENCE ★★★★	#15 20 ★★★	#15 & SUMMER SOLSTICE CANCER BEGINS ♋ ★★★
#15 22 ★★★	#15 23 ★★★	#15 & #52 STRESS RESTRAINT STILLNESS ★★★	#52 25 ★★★	#52 26 ★★★	#52 27 ★★★	#52 28 ★★★
#52 29 ★★★	#52 & #39 PROVOCATION DYNAMISM LIBERATION ★					

Energy Description: Energy Description: June is about nurturing, healing, and mothering love, stillness, and restraint. This is the Guidance System that can bring expansion and abundance for 2025.

Contemplation:

Whenever possible close your eyes and connect into the Guidance System. It is in June's aura of stillness. Connect to it by feeling the air, the breath, the growth that is all around you. Then imagine you bring that energy within and allow it to move all the way to your feet and into the earth to unite you with Mother Earth.



REFLECTION PERIOD



ABUNDANCE PERIOD



BEST MONEY DAY



FULL MOON



NEW MOON



Inner Beauty Healing

Energy Description: July is about the courage to be Yourself! To be your exquisite self. To rise up and emanate like the sun and expand your light. What is your light? It is the creativity, the fun, the joy, the life you bring and share with the world.

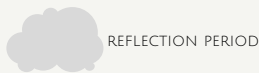
Contemplation: This contemplation helps raise and expand you to the higher vibrations of fun and joy for expansion. When you feel life is working for you, **THANK IT.** When you see something beautiful, **APPRECIATE IT.** When someone compliments you or something good happens allow yourself to **RECEIVE IT.**

The Big shift

July 2025

Emanate Your Style

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		#39 PROVOCATION DYNAMISM LIBERATION 1 ★	#39 2 ★	#39 3 ★	#39 4 ★	#39 5 ★
#39 & #53 IMMATURITY EXPANSION SUPERABUNDANCE 6 ★	#53 URANUS ENTER GEMINI 7 ★	#53 8 ★	#53 9 ★	#53 10 🌕★★★	#53 11 MERCURY RETROGRADE ★	#53 & #62 INTELLECT PRECISION IMPECCABILITY 12 ★
#62 13 ★	#62 14 ★	#62 15 ★	#62 16 ★	#62 17 ★	#62 & #56 DISTRACTION ENRICHMENT INTOXICATION 18 ★	#56 19 ★
#56 20 ★	#56 21 ★	#56 LEO BEGINS ♌ 22 ★	#56 23 ★	#56 & #31 ARROGANCE LEADERSHIP HUMILITY 24 ★🌍	#31 25 ★	#31 26 ★
#31 27 ★	#31 28 ★	#31 29 ★	#31 & #33 FORGETTING MINDFULNESS REVELATION 30 ★	31 ★		



REFLECTION PERIOD



ABUNDANCE PERIOD



BEST MONEY DAY



FULL MOON



NEW MOON

The Big shift

2025 August

Expanding Abundance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					#33 FORGETTING MINDFULNESS REVELATION 1 ★	#33 2 ★
#33 3 ★	#33 4 ★	#33 & #7 DIVISION GUIDANCE VIRTUE 5 ★	#7 6 ★★	#7 7 ★★★	#7 8 ★★★	#7 9 ★★★
#7 & #4 INTOLERANCE UNDERSTANDING FORGIVENESS 10 ★★★	#4 SATURN/NEPTUNE SEXTILE URANUS CONJUNCT JUPITER MERCURY STATIONS DIRECT 11 ★★★	#4 12 ★★★	#4 13 ★★★	#4 14 ★★★	#4 15 ★	#4 & #29 HALF-HEARTEDNESS COMMITMENT DEVOTION 16 ★
#29 17 ★	#29 18 ★	#29 19 ★★★	#29 20 ★★★	#29 21 ★	VIRGO BEGINS #29 & #59 DISHONESTY INTIMACY TRANSPARENCY 22 ★	#59 23 ★
#59 24 ★★★	#59 25 ★★	#59 26 ★★★	#59 27 ★★★	URANUS SEXTILE NEPTUNE #59 & 40 EXHAUSTION RESOLVE DIVINE WILL 28 ★★★	#40 29 ★★	#40 30 ★★★
#40 31 ★★						

Energy Description: August is the month to expand without effort. How? Don't try to push and force life to happen. Use the gift of discernment to guide you, be honest with yourself, accept love, and liberate your dynamic presence.

Contemplation: This contemplation helps with expansion. Repeat whenever possible "Galore, galore! I have everything I need and more." Then go within and ignite that truth.



REFLECTION PERIOD



ABUNDANCE PERIOD



BEST MONEY DAY



FULL MOON



NEW MOON



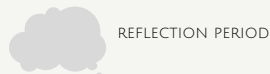
Inner Beauty Healing

Energy Description: September is a time for wrapping things up and culminating your wise insights. How? Ask yourself, "What is no longer serving me?" and let go of those things, people and projects. The delightful things that remain carry the essence of your wise insights.

Contemplation: For this contemplation go to our Inner Beauty Healing podcast for the Pisces Lunar Eclipse Full Moon and Virgo Solar Eclipse New Moon (Sept. 7 & 21) and listen to the transformational meditations. They can be found here <https://innerbeautyhealing.us/gene-key-energy-forecast/>

The Big shift September 2025 Wise Insight

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	#40 EXHAUSTION RESOLVE DIVINE WILL 1 ★	#40 2 ★	#40 & #64 CONFUSION IMAGINATION ILLUMINATION 3	#64 4	#64 5	#64 6
#64 7 LE	#64 8	#64 & #47 OPPRESSION TRANSMUTATION TRANSFIGURATION 9	#47 10	#47 11	#47 12	#47 13
#47 & #6 CONFLICT DIPLOMACY PEACE 14	#6 15	#6 16	#6 17	#6 18	#6 19	#6 & #46 SERIOUSNESS DELIGHT ECSTASY 20
#46 REFLECTION PERIOD ★ SE	#46 AUTUMN EQUINOX LIBRA BEGINS Ω 22	#46 23	#46 24	#46 25	#46 & #18 JUDGEMENT INTEGRITY PERFECTION 26	#18 27
#18 28	#18 29	#18 30				



REFLECTION PERIOD



ABUNDANCE PERIOD



BEST MONEY DAY



LUNAR ECLIPSE FULL MOON



SOLAR ECLIPSE NEW MOON

The Big shift

2025 October

Finger of God

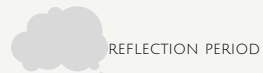
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			#18 JUDGEMENT INTEGRITY PERFECTION 1	#18 & #48 INADEQUACY RESOURCEFULNESS WISDOM 2	#48 3	#48 4
#48 5	#48  6	#48 & #57 UNEASE INTUITION CLARITY 7	#57 8	#57 9	#57 10	#57 11
#57 12	#57 & #32 FAILURE PRESERVATION VENERATION 13	#32 14	#32 15	#32 16	#32 17	#32 18
#32 & #50 CORRUPTION EQUILIBRIUM HARMONY 19	#50 20	#50  21	#50 22	#50 SCORPIO BEGINS  23	#50 24	#50 & #28 PURPOSELESSNESS TOTALITY IMMORTALITY 25
#28 26	#28 27	#28 28	#28 29	#28 & #44 INTERFERENCE TEAMWORK SYNARCHY 30	#44 31	

Energy Description:

October is emphasizing a point for 2026 with the Finger of God. It points to how you think, feel, and shine. It is the path to Harmony, Wisdom, and living in your Authority.

Contemplation: For this contemplation

go to October's Inner Beauty Healing podcast available on October 1, 2025. It can be found at <https://innerbeautyhealing.us/gene-key-energy-forecast/>



REFLECTION PERIOD



ABUNDANCE PERIOD



BEST MONEY DAY



FULL MOON



NEW MOON

Inner Beauty Healing


























Energy Description: November is about the power of your communication in your relationships. The celestial guidance brings you to being deeply in love with Self. This is where true beauty resides and the bounteousness of the Wheel of Fortune is realized.

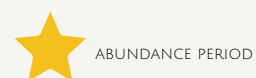
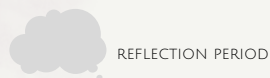
Contemplation: This contemplation is a Thanksgiving. Orient yourself to the sky above and at the same time the earth below, THANK them for giving you the air to breathe and the soil to live on and grow in. THANK them for the miracles they seamlessly perform every minute of every day. THANK them for making it possible for you to play in the glorious infinite particles of possibilities.

The Big shift

November 2025

Deep in Love

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						#44 INTERFERENCE TEAMWORK SYNARCHY 1
#44 2	#44 3	#44 4	#44 & #1 ENTROPY FRESHNESS BEAUTY 5 	#1 6	#1 7	#1 8 
#1 MERCURY RETROGRADE 9 	#1 & #43 DEAFNESS INSIGHT EPIPHANY 10 	#43 11 	#43 12 	#43 13 	#43 14 	#43 15 
#43 & #14 COMPROMISE COMPETENCE BOUNTEOUSNESS 16 	#14 17 	#14 18 	#14 19 	#14 URANUS SEXTILE NEPTUNE 20   	#14 & #34 FORCE STRENGTH MAJESTY 21 	#34 SAGITTARIUS BEGINS 22  
#34 23  	#34 24 	#34 25 	#34 26 	#34 & #9 INERTIA DETERMINATION INVINCIBILITY 27 	#9 28	#9 29 MERCURY STATIONS DIRECT
#9 30						



Inner Beauty Healing

The Big shift

2025 December

Free from Illusion

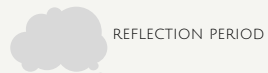
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	#9 INERTIA DETERMINATION INVINCIBILITY 1	#9 & #5 IMPATIENCE PATIENCE TIMELINESS 2	#5 3	#5 FULL MOON 4	#5 5	#5 6
#5 7	#5 & #26 PRIDE ARTFULNESS INVISIBILITY 8	#26 9	#26 10	#26 11	#26 12	#26 & #11 OBSCURITY IDEALISM LIGHT 13
#11 14	#11 15	#11 16	#11 17	#11 18	#11 & #10 OBSESSION NATURALNESS BEING NEW MOON 19	#10 STAR 20
#10 CAPRICORN BEGINS ♈ WINTER SOLSTICE 21	#10 22	#10 23	#10 24	#10 & #58 DISSATISFACTION VITALITY BLISS 25	#58 26	#58 27
#58 28	#58 29	#58 & #38 STRUGGLE PERSEVERANCE HONOUR 30	#38 31			

Energy Description: December ends 2025 in a Universal 21 Month. Here is a meaning found online:

- Triumph, success, and mastery over one's life path.
- Creativity, innovation, independence, self-expression, leadership, and charisma.
- Balance, harmony, and relationships.
- Independence, leadership, and new beginnings.
- Spiritual fulfillment and self-awakening.
- Creative self-expression, optimism, inspiration, relationships, and diplomacy.

This well sums up the year of The Big Shift of 2025.

Contemplation: We have come full circle. To close the year, we ask you to tune in to our Inner Beauty podcast one more time for our deeper understanding to this Glorious 2025! Go to <https://innerbeautyhealing.us/gen-key-energy-forecast/>



REFLECTION PERIOD



ABUNDANCE PERIOD



BEST MONEY DAY



FULL MOON



NEW MOON