

## **Inner Beauty Healing**

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# Empowerment Energy Guide Prosperity Path 2025



## Empowerment Energy Guide - Prosperity Path 2025



THE BIG SHIFT InnerBeautyHealing.US https://innerbeautyhealing.us/

## DEAR FRIENDS

Thanks for joining us for Prosperity Path 2025 - The Big Shift, empowering energy guidance from the divination arts of Astrology, Numerology, Human Design and the Gene Keys.

November 19, 2024 marked the beginning of the world's Aquarian Age of Re-Evolution, Wisdom & Harmony because Pluto - the planet of Global Consciousness fully entered the constellation Aquarius and will remain for the next 20 years.

Though every month of 2024 was marked by highly polarized political and social expectations, each was in furtherance of this transformative direction . . . the GREAT TURN away from war, greed and ignorance to universal love, compassion and social harmony.

Significantly, all cosmic signs now point to the next two decades as times of consequential choices for our global community.

The path forward will be a reciprocal individual and collective process of realization, melding our material consciousness with our spiritual essence - the Source. the Divine within each and all - into the "New Human, Homo Sanctus."

Holding the arc of this overview in mind, follow forecasts to guide yourself through these times of challenge, choice, change and evolution.

\*Set aside 1-2 hours to listen, take notes and understand the 2025 Overview (whether in 1 or more sittings). This window to our direction forward will be THE constant theme throughout and for the next 20 years.

Trinity & Francesca



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## OUTLINE

- 1. The Benefits
- 2. Power Words Activation
- 3. Numerology Your Personal Year Calculation & Forecast
- 4. Numerology -2025 Universal Year & Key Codes
- 5. The "Big Picture" and recap past years
- 6. Gene Key Astrology; The BIG SHIFT 2025 Global Energy Forecast
- 7. Gene Key Astrology; January 2025 The

Wheel of Fortune New Beginnings

8. How to use the Forecast



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## #1 THE BENEFITS

Given today's challenging times, there is a great and growing interest in metaphysics and spirituality, especially those which allow users to "see" into "the stars," the invisible, immaterial realms of the cosmos.

What is "seen" is an interdependent relationship, however, illustrated by the simple fact that the Earth completely relies on planets in the cosmos - such as our moon and sun - to grow, survive and thrive.

Therefore, astrology (and other divination arts) is the extension of this basic understanding to the Universe and describes how the cosmos moves Life itself.

For me, astrology "clicked" when I realized how my own life moved easily when I followed the ebbs and flows of the forecasts. Astrology became a practical, spiritual, personal and collective resource.

Use this Empowerment Energy Guide and the IBH Gene Key Energy Forecast. They provide both an understanding of the long arc of cosmic movements as well as specific insights during key periods of each month. Remember, in this year of the BIG SHIFT, the key is YOUR "inner shift" by releasing what no longer serves you.

Printy



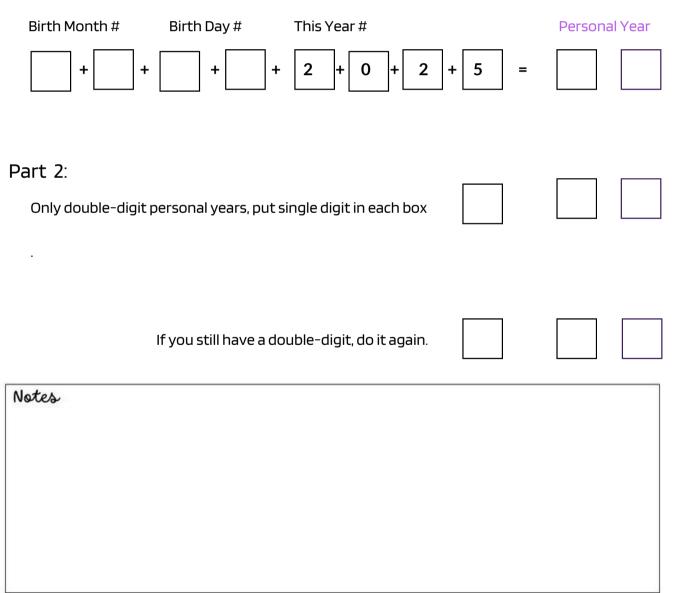
## #2 POWER WORDS ACTIVATION

| 6 <u>.</u> | My 2025 Power Words  |
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|            | My 2025 Affirmation & Notes  |
| Tr         | ust yourself to choose only the few best words to write your affirmation |
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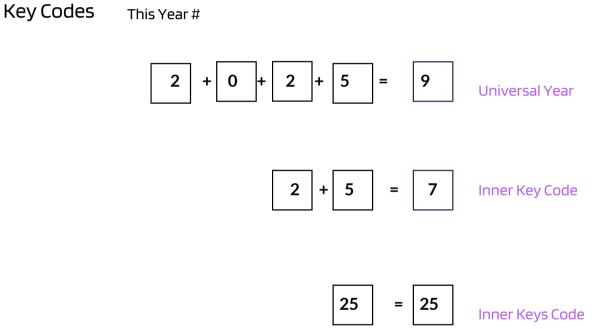
## #3 YOUR PERSONAL YEAR CALCULATION

#### Part 1:





## #4 UNIVERSAL YEAR & INNER KEY CODES



| Notes |  |  |  |
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## #3 &4 NUMEROLOGY NOTES

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## #5 "BIG PICTURE" NOTES



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## #6 "THE BIG SHIFT" NOTES

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## **#7 JANUARY 2025 NOTES**

\*Updated forecasts for each subsequent month will be sent, via email, IBH Newsletter

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## #8 HOW TO USE THE FORECAST

Empowerment Energy Guide (EEG) items #1-7 are explained on the audio.

#### How to use the monthly EEG

- 1. Download the attached EEG (Jan-Dec 2025) by January 30, 2025.
- 2. **Starting February 1**, every month will be updated and posted on the IBH newsletter and website (look under Resources; sub Forecast). Only the current month will be available.
- https://innerbeautyhealing.us/gene-key-energy-forecast/
- 3. <u>A downloadable link for the EEG is only available on the newsletter.</u>
- 4. Starting February 1, the EEG will also be enhanced by a monthly podcast, "Global Energy Forecast & Cosmic Commentary."
- 5. Monthly theme is the "Title" of the month. Use this theme to guide your contemplation for the month. (ex. January's theme is The Wheel of Fortune New Beginnings)
- 6. Under the title of the month is the numerology Key Code. Use this code to direct your energy.
- 7. Read the **Energy Description**. Use this throughout the month to understand how the month's energy flows and how to improve your attitude.
- 8. Throughout the year, use your Personal Year numerology to frame your understanding of your journey.
- 9. Read the **Contemplation**. Use this throughout the month as a way to direct your thoughts.
- 10. **Astrological Guidance** is a list of the month's important dates. They are titled with a *signature theme and a guidance tip* so you can create ease, abundance and empowerment.
- 11. Periods of Abundance, Reflection & Growth are listed at the bottom of each month. As indicated by the titles these are your best times to reflect, receive and expand.



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## #8 HOW TO USE THE FORECAST

#### (Cont.)

#### How to use the IBH 2025 Forecast Calendar

Now that you know how to use the EEG you can use the IBH calendar in a similar way.

The calendar shows you:

- New & Full New Moons
- Eclipses
- When the Zodiac Signs change
- Gene Key days (for more information go to https://genekeys.com/)
- Abundance & Best Money days
- Reflection & Growth days

To gain a higher awareness that can expand your understanding of your journey in life, follow this tip: Use your <u>personal experiences</u> and what is going on right NOW to gain a deeper understanding of how life is working for you.

**Example for January 1st:** First, apply our Personal Year. Then combining that with the year and month themes, then the Gene Key words for the day, say to yourself,

2025 is creating a Big Shift; grounded in the energy of the Wheel of Fortune New Beginnings; transforming me to seek my Truth; and highlighting the light of Honor, Perseverance and Struggle to help me realize everything is happening for me." Then, ask yourself, "How is this helping me?" Your answers are your insights.

Use this approach on each astrological guidance day.



### **Monthly Themes**

- 1. The Wheel of Fortune New Beginnings January
- 2. Portal of Communications February
- 3. Reset Your Creativity! March
- 4. Silence Guidance April
- 5. Growing Self May
- 6. Guidance System June
- 7. Emanate Your Style- July
- 8. Expanding Abundance August
- 9. Wise Insight-September
- 10. Divine Breakthrough- October
- 11. Deep In Love November
- 12. Free from Illusions- December



#### Short December recap to start off 2025!

#### 2024 DECEMBER: EmpoweredYou

December 2024 ended in the portal of empowerment. This was about being in the present moment of NOW as an empowered being. This energy go you ready to make major new strides for 2025 by:

> -Reflecting on Leadership -Receiving Invincible Empowerment -Preparing you for Your True Adventure -Awakening more Beings -Building Your Higher Purpose



### JANUARY: The Wheel of Fortune New Beginnings

Universal Month 10/1 Innovate, Initiate, Ignite

**Energy Description:** January 2025 is the energy of the Wheel of Fortune New Beginnings. You are being given the transformational energy to break through the struggles that limit you, and the guidance to realize that everything is happening for you and not against you. It is asking you to seek Your Truth and do what truly inspires you by using the gift of your sensitivity.

**Contemplation**: For the first 6 days of the month reflect on what you do and how it makes you feel. If you feel low and limited ask yourself, "How is this helping me?" Seek the Truth and you may be surprised to find there is hidden Joy. For the rest of the month be sensitive to what brings you joy and take the initiative to move towards what inspires you.

#### Astrological Guidance:

- Master Portal January 1 Mars retrograde opposite Pluto: January is the time to set your yearly goals. The first day of the year offers the energy to break through and transform your struggles into fortune. A simple way to access this Master Portal is to reflect on your actions by asking yourself the question, "Do my actions create FUN in my life? Do they bring me JOY? Be honorable in your answer. Reach for actions that give you a lightness in being. This practice will support and enrich you for 2025.
- Initiate Inspiration January 13, Cancer Full Moon: This first full moon of the year is very fortuitous. It is asking you to heal the fear-based intellect. How? Reach for inspired action. This holds the gift of precision and impeccability. Its breakthrough signature is simplicity. Give yourself the permission to nurture and mother the emotions that make you feel good, loved and special. This practice will support and enrich your abundance and expansion throughout 2025.
- Mastering Sensitivity January 29, Aquarius New Moon: New moons are a time to plant new seeds of thought, values, and actions. The first new moon of 2025 is asking you to change and Master your Sensitivity so you can establish your ownership of your amazing creative life. This quality will be very important to grow so you can flourish in 2025.

| Abundance Dates:         | Reflection & Growth Period:          |
|--------------------------|--------------------------------------|
| January 13               | January 1-6 (due to Mars retrograde) |
| January 29               |                                      |
| <b>Best Money Dates:</b> |                                      |
| January 26               |                                      |
| January 29               |                                      |





### **FEBRUARY:** Portal of Communications

Universal Month 11/2 Mastering Intimacy, Relationships, Love

**Energy Description:** February's energy is about mastering communication in your relationships, primarily the relationships with yourself (*mind, body, emotions, actions, dreams*). It is opening the door to teach yourself Compassion, Forgiveness, Understanding, and Tenderness through your experiences.

**Contemplation:** Allow yourself to purge and let things go that no longer serve you. Be honest but gentle with yourself. This is a time to plant new seeds that grow from the fertile soil of Forgiveness, Understanding, and Tenderness.

#### Astrological Guidance:

- Teaching Compassion February 1 Venus conjunct Neptune
- Breakthrough to Forgiveness & Understanding February 12, Leo Full Moon T-square to Uranus
- Expansion through Tenderness February 27 Pisces New Moon

#### Abundance Date:

- February 1
- February 27
- **Abundance Period:**
- February 27/28
- Best Money Dates:
- February 28
- **Reflection & Growth Period:** 
  - February 12 (due to Leo Full Moon T-square to Uranus)



### MARCH: Reset Your Creativity

Universal Month 12/3 Invention, Fun, Joy

**Energy Description:** March's energy is about resetting your creativity with your higher mind's authority using the energies of peace and valor. It is sending you the energy to march forward and create for humanity what you love and the life you love to dream.

**Contemplation**: This contemplation helps align your energy with the Venus and Mercury retrogrades. Reflect on what you value and what lightens your heart. Allow yourself to feel the pleasure. If you feel the heavy energy of opinion enter your thoughts, bring awareness and acceptance that you are having them, and then with intention let them go.

#### Astrological Guidance:

- Valor March 1- April 12 Venus Retrograde in Aries/ Pisces
- Shift to Grace March 13/14, Virgo Total Lunar Eclipse Full Moon
- Valor March 14 April 7 Mercury Retrograde in Aries/Pisces
- Shifting Farsightedness March 29 Aries Solar Eclipse New Moon
- Shift to Love March 30 Neptune enters Aries

#### Abundance Dates:

- March 29
- March 30

#### Abundance Period:

- March 27- April 8 (due to Saturn Sextile Uranus on April 4)
- Best Money Date:
  - March 29

#### **Reflection Period:**

- March 1 April 12 (due to Venus Retrograde)
- March 15- April 7 (due to Mercury Retrograde)





### **APRIL: Silence Guidance**

Universal Month 13/4 Divine Manifestation

**Energy Description:** April is the month to bring into matter what matters and what really only matters to you, is YOU! This is about the Silence Guidance that only you can give to youself. This access point -- going from your head into your heart- yields the light that nurtures from compassion, respect, humility and leadership.

**Contemplation:** Investigate thoughts that initiate feelings of inner turbulence. Specifically, ones rooted in failure or being not enough. Then ask for the gift of Detachment; then take a breath, go from your head into your heart, and allow yourself to receive your Silence Guidance.

#### Astrological Guidance:

- Humanity's Exquisiteness April 4 Saturn sextile Uranus
- Compassion April 7 Mercury Stations Direct and April 12 Venus Stations Direct
- Detaching Distractions April 12 Libra Full Moon
- Humility Leads April 27 Taurus New Moon

#### Abundance Date:

• April 4

#### Abundance Period:

- March 27- April 8 (due to Saturn Sextile Uranus on April 4)
- April 12-30 (due to Venus stations Direct in Pisces)

#### **Reflective Period:**

- March 1 April 12 (due to Venus Retrograde)
- March 15- April 7 (due to Mercury Retrograde)
- April 20-27 (due to Taurus New Moon T-square to Mars opposite Pluto)



### **MAY: Growing Self**

Universal Month 14/5 Shifts, Open to Change,

**Energy Description:** May's energy is about transforming deep emotions. It is shifting the energy out of the constriction of the heart and asking it to move to love, to Universal Love. Growth is from transmuting the deafness, made by the mental mind, into yielding insights that are felt and given to the heart.

**Contemplation:** This contemplation is to help you transmute the deafness. Whenever you feel angry, frustrated, disempowered or indifferent, take 3 deep breaths. Then ask for the gift of Insight; give yourself time to receive it; and then allow yourself to receive the energy of your love for yourself.

#### Astrological Guidance:

- Empowered Insight May 12 Scorpio Full Moon
- Start Universal Love May 24 Saturn enters Aries
- Universal Love May 25 August 31 Saturn nearly conjunct Neptune
- Self-Presence May 26 Gemini New Moon

#### Abundance Dates:

- May 2
- May 24
- May 25

#### **Abundance Period:**

• May 25 - August 31 (due to Saturn conjunct Neptune)



### JUNE: Guidance System

Universal Month 15/6 Nurturing, Healing & Mothering

**Energy Description**: June is about nurturing, healing, and mothering love, stillness, and restraint. This is the Guidance System that can bring expansion and abundance for 2025.

**Contemplation:** Whenever possible close your eyes and connect into the Guidance System. It is in June's aura of stillness. Connect to it by feeling the air, the breath, the growth that is all around you. Then imagine you bring that energy within and allow it to move all the way to your feet and into the earth to unite you with Mother Earth.

#### Astrological Guidance:

- Generosity June 9 Jupiter enters Cancer
- Attraction Field June 10/11 Sagittarius Full Moon
- Accept June 18 Jupiter square Neptune
- Intimate Stillness June 25 Cancer New Moon

#### Abundance Dates:

- June 9
- June 11

#### Abundance Period:

- May 25 August 31 (due to Saturn conjunct Neptune)
- June 9 June 29 (due to Jupiter entering Cancer)

#### Best Money Date:

- June 24
- June 25





### JULY: Emanate Your Style

Universal Month 16/7 Insight, Vision, Future

**Energy Description**: July is about the courage to be Yourself! To be your exquisite self. To rise up and emanate like the sun and expand your light. What is your light? It is the creativity, the fun, the joy, the life you bring and share with the world.

**Contemplation:** This contemplation helps raise and expand you to the higher vibrations of fun and joy for expansion. When you feel life is working for you, THANK IT. When you see something beautiful, APPRECIATE IT. When someone compliments you or something good happens allow yourself to RECEIVE IT.

#### Astrological Guidance:

- Courageous Exquisiteness July 7 Uranus enters Gemini
- Expanding You July 10 Capricorn Full Moon
- Adventure Guidance July 17 August 11 Mercury retrograde in Leo
- Presence July 24 New Moon in Leo

#### Abundance Date:

• July 10

Abundance Period:

• May 25 - August 31 (due to Saturn conjunct Neptune)



### AUGUST: Expanding Abundance

Universal Month 17/8 Empowerment, Personal Power, Leader Who Empowers

**Energy Description**: August is the month to expand without effort. How? Don't try to push and force life to happen. Use the gift of discernment to guide you, be honest with yourself, accept love, and liberate your dynamic presence.

**Contemplation:** This contemplation helps with expansion. Repeat whenever possible "Galore, galore! I have everything I need and more." Then go within and ignite that truth.

#### Astrological Guidance:

- Discerning Guidance August 8/9 Aquarius Full Moon
- Expanding Acceptance August 11 Saturn/Neptune sextile Uranus, Venus conjunct Jupiter
- Divine Creativity August 22/23 Virgo New Moon
- Wisdom of Acceptance August 28 Uranus sextile Neptune

#### Abundance Date:

- August 9
- Aug 11
- August 15
- August 28

#### Abundance Period:

- May 25 August 31 (due to Saturn conjunct Neptune)
- August 6-14 (due to Saturn/Neptune sextile Uranus & Venus conjunct Jupiter)
- August 19-Sep2 (due to Uranus sextile Neptune



### SEPTEMBER: Wise Insight

Universal Month 18/9 Humanitarian Wisdom, Love, Leadership, Letting Go

**Energy Description:** September is a time for wrapping things up and culminating your wise insights. How? Ask yourself, "What is no longer serving me?" and let go of those things, people and projects. The delightful things that remain carry the essence of your wise insights.

**Contemplation:** For this contemplation go to our Inner Beauty Healing podcast for the Pisces Lunar Eclipse Full Moon and Virgo Solar Eclipse New Moon (Sept. 7 & 21) and listen to the transformational meditations. They can be found here: https://innerbeautyhealing.us/gene-key-energy-forecast/

#### Astrological Guidance:

- Illuminating Superabundance- September 7 Pisces Lunar Eclipse Full Moon
- Generate Delight September 21 Virgo Solar Eclipse New Moon

#### Abundance Date:

- August 21
- Abundance Period:
- August 19-Sep2 (due to Uranus sextile Neptune)

#### **Reflective Period:**

• September 21 (due to Virgo Solar Eclipse New Moon)



### **OCTOBER:** Finger of God

Universal Month 19/10/1 Bringing Heaven to Earth, Taking the Initiative, Individuality

**Energy Description:** October is emphasizing a point for 2026 with the Finger of God. It points to how you think, feel, and shine. It is the path to Harmony, Wisdom, and living in your Authority.

**Contemplation:** For this contemplation go to October's Inner Beauty Healing podcast available on October 1, 2025. It can be found at https://innerbeautyhealing.us/gene-key-energy-forecast/

#### Astrological Guidance:

- Imagine Harmony October 6 Aries Full Moon
- Divine Breakthrough October 21 Libra New Moon

#### Abundance Date:

October 21

**Best Money Date:** 

- October 17
- October 21
- October 24



### NOVEMBER: Deep in Love

Universal Month 20/2 Powerful Communications & Relationships

**Energy Description:** November is about the power of your communication in your relationships. The celestial guidance brings you to being deeply in love with Self. This is where true beauty resides and the bounteousness of the Wheel of Fortune is realized.

**Contemplation**: This contemplation is a Thanksgiving. Orient yourself to the sky above and at the same time the earth below, THANK them for giving you the air to breathe and the soil to live on and grow in. THANK them for the miracles they seamlessly perform every minute of every day. THANK them for making it possible for you to play in the glorious infinite particles of possibilities.

#### Astrological Guidance:

- Illuminate Truth November 5 Taurus Full Moon
- Determined Acceptance November 9 29 Mercury Retrograde in Sagittarius
- Exquisite Gratuity November 19/20 Scorpio New Moon

#### Abundance Date:

• November 20

#### Abundance Period:

• November 8-27 (due to Uranus sextile Neptune)

#### Best Money Date:

- November 20
- November 23



### **DECEMBER:** Free from Illusion

Universal Month 21/3 Creativity from Experience, Successes, Cracking the Code

**Energy Description:** December ends 2025 in a Universal 21 Month. Here is a meaning found online:

- 1. Triumph, success, and mastery over one's life path.
- 2. Creativity, innovation, independence, self-expression, leadership, and charisma.
- 3. Balance, harmony, and relationships.
- 4. Independence, leadership, and new beginnings.
- 5. Spiritual fulfillment and self-awakening.
- 6. Creative self-expression, optimism, inspiration, relationships, and diplomacy.

This well sums up the year of The Big Shift of 2025.

**Contemplation**: We have come full circle. To close the year, we ask you to tune in to our Inner Beauty podcast one more time for our deeper understanding to this Glorious 2025! Go to https://innerbeautyhealing.us/gene-key-energy-forecast/

#### Astrological Guidance:

- Timeless Bounty December 4 Gemini Full Moon
- The Reset December 19 Sagittarius New Moon
- •

Abundance Date:

• December 20





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## YOUR HOSTS



#### Rev. Dr. Trinity Ordona

I wasn't born to this "woo woo" stuff, like my sister. I was typical of my generation, forged in the social upheavals of the 1960s. But I didn't do drugs, drop out or run off. I was serious. I fought for political change. My passion was rooted in changing the human condition of suffering, poverty and injustice. That's why I got a Ph.D. in History of Consciousness, studied Western politics, health policy. When that did not answer my questions,

I turned to Buddhism, Hindu system of chakras, metaphysics, spiritulity and ultimately psychic energy healing.

#### Rev. Francesca Ordona Hollingsworth

I'm Francesca and I help heal the emotional wounds that block you from prosperity in the area of Personal Growth. I use the tools of Astrology, Numerology, Human Design, the Gene Keys, Aura Healing and Medical Qi Gong. I'm an Astro-Numerologist, a Reverend of Psychic Healing, a Master of Medical Qigong, Gene Key Ambassador,



and an award-winning fashion designer. From my past life, BC (before children) I owned and designed for Variance, a San Francisco fashion top-end clothing collection that was carried in stores throughout the US. Today my two passion are now ONE with my online company, www.InnerBeautyHealing.US.